

PRECAUTIONS

#Identify

 **Identify the potential drawbacks of implementing a piece of advice**  4 - 48  30 min

Benefits


For the facilitator Enable participants to develop critical thinking by taking time to consider how to apply a piece of advice in their environment.

For the participant Avoid applying advice incorrectly.

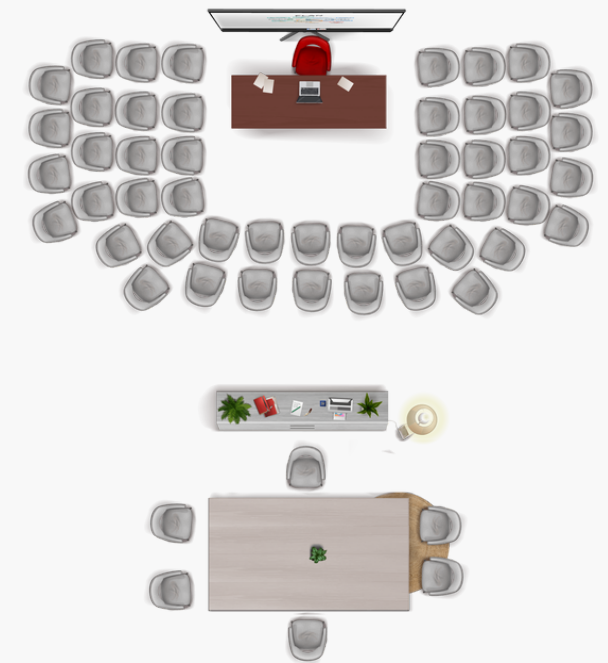
During this activity, participants challenge a piece of advice that might be given in their professional environment. Following this, they propose appropriate precautions to reduce and eliminate its drawbacks before selecting what they consider the best precaution. Implementing this activity helps minimise the negative consequences of applying advice without proper consideration.

Sequence

5 min	Activity presentation	<i>In plenary</i>	The facilitator explains the objective and structure of the activity to all participants. They then present the advice to be examined and ask participants to consider how they might apply it in their professional context.
12 min	Pros and Cons	<i>In groups</i>	The facilitator forms groups of up to 6 participants. For the first 5 minutes, each group discusses the benefits of applying the advice presented. In the following 5 minutes, they explore potential drawbacks, considering what could happen if the advice were misused, overused, or applied incorrectly in their work. Each group then selects the most important benefit and the most significant drawback in applying this advice.
8 min	Restitution	<i>In plenary</i>	Each group presents their selected benefit and drawback to the entire group.
2 min	Precaution proposal	<i>Individually</i>	The facilitator asks participants to come up with an appropriate precaution to pair with the advice, which reduces or eliminates the identified potential dangers. Participants reflect individually and then share their precaution privately with the facilitator.
3 min	Precaution selection	<i>In plenary</i>	The facilitator selects 4 potentially effective precautions and conducts a poll for participants to choose the most suitable one. The facilitator comments on the poll results and encourages each participant to adopt the precaution of their choice.

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Content

Notes - Precautions - Pros and Cons